

# Clearwisdom Review

An Update on Falun Dafa Worldwide

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## Mr. Xu Dawei Cruelly Tortured in Prison Before He Died at Age 34

(Clearwisdom.net) Mr. Xu Dawei, a 34-year-old Falun Gong practitioner, was from Qingyuan County, Fushun City, Liaoning Province. Mr. Xu was persecuted for the past eight years by Chinese Communist Party (CCP) officials. Mr. Xu was tortured in a number of ways: brainwashing, being forced to wear handcuffs and shackles for extended periods of time, brutal beatings, being hung up, force-fed, pierced with steel needles, and shocked with electric batons. February 3, 2009, was the last day of Mr. Xu's illegal imprisonment. When his family came to Dongling Prison to take him home they found him emaciated, his hair had turned gray, and his face was heavily bruised and stiff. Worst of all, Mr. Xu did not even recognize his family members. Just 13 days after returning home, on February 16, 2009, Mr. Xu died. Upon his death, his body still exhibited numerous injuries and scars caused by the torture while in custody.



Mr. Xu Dawei

Mr. Xu Dawei was taken to Dabei Prison. At first, the prison guards instigate inmates to torment him. The inmates forced Mr. Xu to stand facing a wall and asked him if he would continue to practice Falun Gong, Mr. Xu asserted that he would. The inmates removed Mr. Xu's pants and beat him. Later, Mr. Xu went on a hunger strike to protest the persecution. The inmates then brutally force-fed him and hung him under a ladder for about 20 days.

Mr. Xu was then taken to the "strict management team" for much more severe abuse. Guards handcuffed Mr. Xu's arms behind his back. He was locked in a solitary cell and beaten by inmates regularly. He was subjected to long-term starvation and was only allowed a small portion (about 100 g (3.5 ounces) of bread or just a cup of porridge. Mr. Xu 's was two square meters (2.4 sq. yd.). Mr. Xu had to sit from 4:00 a.m. to 10:00 p.m. After an extended period of time passed, the muscles in his buttocks degenerated, resulting in extreme pain.

On January 31, 2002, Mr. Xu was taken to First Prison in Lingyuan County. Because he continued to practice Falun Dafa, he was placed in a solitary confinement cell. The guards designed handcuffs made from reinforcing bar that was thick and caused severe pain when put on. His hands were locked in these handcuffs behind his back 24 hours a day and his feet were shackled. He could not move his hands even a little, for even the slightest movement would induce excruciating pain. His skin split open and was infected, which resulted in further festering and pain.

The prison in Lingyuan also forced practitioners to do hard labor such as make carpets. Mr. Xu resisted by going on a hunger strike, which resulted in force-feeding and torture in the strict management team. One of those tortures was the "extreme stretching method:" His limbs were stretched in four different directions for 24 hours a day. Usually a person could not bear it for more than three days, but Mr. Xu 's limbs were stretched like that for seven days the first time and then many more times thereafter.

### Introduction to Falun Dafa

Falun Dafa, also known as Falun Gong, is a practice for benefiting physical health and elevating the mind. Introduced by Mr. Li Hongzhi in China, the practice consists of five gentle exercises including meditation, and diligent effort on the part of practitioners to follow the universal principles of Truthfulness-Compassion-Forbearance in daily life. Falun Gong is not only beneficial to one's own health and well-being, it also benefits others. Although the practice originated in China, today it is practiced throughout the world by people of all races and walks of life. In the face of the most brutal and vicious persecution perpetrated on them by the Chinese Communist Party, Falun Gong practitioners have found the spiritual strength to resist peacefully and tirelessly by upholding the principles of Truthfulness-Compassion-Forbearance.



### About Clearwisdom

Clearwisdom.net is the most authoritative source of information about the practice of Falun Gong and about the persecution of Falun Gong in China, reporting timely news and events happening inside China as well as from the more than 70 countries around the world where Falun Gong is practiced. Clearwisdom responsibly publishes the experiences and understandings of practitioners themselves, who submit the majority of the articles.

## Falun Dafa Healed Me and My Friends

**(Clearwisdom.net)** I had suffered from stomach aches since I was young. It was painful nearly every day. I practiced several other different kinds of *qigong* and spent much money for treatment, but it did not get better. I started to practice Falun Dafa in 1996. All the questions I had about life were finally answered.

When I started practicing Dafa, my stomach illness vanished. Also, the pelvic inflammatory disease, ovarian cysts, insomnia, and peri-arthritis of the shoulder which I had suffered were all cured. I haven't had a fever during the past ten years.

My daughter had very severe pains during her periods. She took pills but they never worked. Her pain vanished after she had been to one group exercise session. My college classmate suffered from diabetes. Since he started practicing the exercises, he experienced exactly the same as Teacher said in *Zhuan Falun*. His body has since recovered, and he practices the exercises every day. Witnessing his experience, his mother started to practice Dafa. His younger brother had cirrhosis and also got well after practicing Dafa.

I have a relative who had asthma for over ten years and could not do anything. She had difficulty breathing in the winter and had to have an IV by her bedside. Since 1996, when she began practicing Dafa, her illness has disappeared. Now she is over 70 years old and her body is quite healthy. She said, "Now, I feel I am like a child. My whole body is very light and I feel I am running when I walk."

### A Young Man from Germany: "I Must Study This, It's Such a Good Practice"

**(Clearwisdom.net)** On June 20, 2009, on Augustusplatz in the center of Leipzig, a city in eastern Germany, Falun Gong practitioners held an information day. "Protesting the CCP's Ten Years of Bloody Persecution, Supporting the 56 Million Brave People Who Have Quit the CCP and Its Affiliated Organizations" was the theme.



*People stop to look at the display boards. A German young man learns the sitting meditation. Passersby sign the petition condemning the persecution.*

This is the very square that witnessed the historic decline of the German Communist Party. Many pedestrians stopped and looked at the banner and the display boards showing the persecution of those who believe in Falun Gong. A tourist from the United States used fluent Chinese to tell the practitioners that he had lived in Taiwan for three years and had learned there that Falun Gong was persecuted in China. He also said that he knew that there were several hundred thousand people practicing in Taiwan. He was delighted to see Falun Gong in Germany.

A young German man was drawn in by the practitioners' demonstration of the meditation movements. He asked to learn the exercises right away. In a short five minutes, he was able to sit in the proper double lotus position and learned the fifth exercise. After finishing, he said, "Since it is such a good practice, I must continue to learn it."

When a German woman with her two children came up to the information table, even before the practitioners had finished explaining the situation to her, she got a pen and signed the petition form. She said, "I know too well what the Communist Party is like. You don't have to tell me, I know that what you have written about on the display boards about how the CCP treats Falun Gong is true, because I used to live under Communist rule." The mother took her children to see the display boards, and explained to them picture by picture so that they would have an understanding of the CCP's despotic rule and its crimes against humanity.